7121 Old Alexandria Ferry Road Clinton, MD 20735 Phone: (301) 856-5553 Fax: (301) 856-5512

Adult Day Selit

5400 Norfield Road Capitol Heights, MD 20743 Phone: (301) 736-6622 Fax: (301) 856-5512

OFF PREMISES PERMISSION AND RELEASE OF RESPONSIBILITY

| I grant permission to Helping Hands Adult Day Services to escort me, |
|--|
| (participant's |
| name) to participate in activities, trips, outings, excursions, and any programs out of the center located at 7121 Old Alexandria Ferry Road or 5400 Norfield Road. I understand activities will be planned, approved, and supervised by Helping Hands Adult Day Services staff. |
| I further understand that I may elect not to participate in any or a particular outing and will notify the director or program coordinator in advance. |
| Participant/Guardian Signature |
| Printed name of above |
| Date |